



4/3/20 Update

It has been two weeks since Prana Functional Manual Therapy has closed its doors to keep you safe.

To say this has been a rough few weeks is an understatement. It has been extremely hard to settle into the fact that helping our Lancaster community looks different than to what we are accustomed. We as a Prana Team, and especially the physical therapists at Prana, are used to "being in the trenches" and helping people by applying our skilled hands to heal and rehabilitate individuals.

But now, we accept and honor that helping each of you means staying home, keeping Prana closed and guaranteeing that we are not putting you or your family at risk for contamination. In addition, it was important to us at Prana that we do not add to the shortage of PPE (masks, gloves, etc) for our fellow health-care workers who are on the front-lines saving lives.

We realize...we are not alone...We are all in this together.

So, as concerns about the spread of the coronavirus COVID-19 increase, I wanted to personally reach out to let you know that as of the writing of this email, **Prana plans to re-open on Thursday, April 30.**

We understand that this date could be fluid. We will be monitoring the latest information from Governor Tom Wolf as well as recommendations from the CDC and World Health Organization. We at Prana are committed to doing our part to stop the spread of this disease. So, as more information is uncovered we will update you if we can resume normal in-clinic operations earlier or later than expected .

The Good News:

Prana has launched their Telehealth sessions in 20, 40 and 60-minute increments. There are also e-visits available for Medicare patients to allow for a "check-in". For details go to our website www.pranapt.com or this link: <https://view.flodesk.com/emails/5e78a9d1d0640c002d079c57>

The response to our Telehealth sessions and e-visits have been overwhelmingly positive. As we realize seeing patients face-to-face is Prana's best practice, patients have been delighted at how much we can actually accomplish virtually.

We will continue to keep an eye on the situation and make further adjustments to our action plan if and when necessary. The health and well-being of our F.O.P.'s (Friends of Prana), our Prana team, and our Lancaster community are of utmost importance to us.

Thank you for your steadfast support of our business—we are truly grateful.

Dawn

- and the Prana Team